

MANDARA MAGIC AT MIRI MARRIOTT

Mandara works its magic at the beachfront Miri Marriott where three double suites have private outdoor baths for luxuriating in the tropical setting. The signature Mandara Spa involves two therapists while Pure Indulgence is a celebration including a lavender body wash, body scrub, floral bath, Balinese massage and facial.

www.mandaraspaspa.com



LUXE SPA

LUXSA Spa in the Hansar Samui offers an array of holistic treatments from the SPACATION menu. These include aromatherapy with pure Thai essential oils, aromas and spices. Body wraps such as the After Sun Wrap are specialties as are various massage treatments including a two-hour Thai massage and herbal compress. Revitalising facials using natural Thai extracts are also available. LUXSA Spa is open daily from 10am until 10pm.

www.hansarsamui.com



SAMUI WELLNESS RETREAT

Palms Retreat Samui, a wellness resort whose philosophy towards a healthy lifestyle is based upon the cornerstones of provenance, integrity and local experiences, is partnering with the island's most renowned health specialists and wellness practitioners to create unique guest programmes in line with its mantra, "It's all about YOU". The retreat's programmes include yoga and meditation, daily exercise, recipes created from locally grown organic ingredients and a non-invasive, gentle but effective detox programme.

www.thepalms-retreat.com



KATA ROCKS SHINES

Infinite Luxury Spa at Kata Rocks won Best Boutique Spa in Asia and the Best Luxury Emerging Spa in Thailand at the World Luxury Spa Awards 2015. Spa guests voted based upon service excellence. The Infinite Luxury Spa offers a comprehensive menu combined with natural ILA products to enhance holistic therapies, spa treatments and natural healing techniques. Signature treatments include; Chakra Wellbeing in the chromotherapy chamber balancing essential oils with a reflexology foot massage. Kata Rocks is a luxury oceanfront resort and residence located on Phuket's Kata Beach.

www.katarocks.com